Aim High With Praise

Ma Ma Messages

A communication tool of the
Ma Ma Creek State School and Community
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http://mamacreess.eq.edu.au/wcmss/

18 June 2013

Dates to Remember

<table>
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<th>JUNE</th>
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<td>Week 10</td>
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| 21         | Soccer/Netball
|            | Last Day of Term |

<table>
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<th>TERM 3</th>
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<td>Week 1</td>
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<th>JULY</th>
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Principal’s Diary

(This section of the newsletter outlines meetings and events during the school year where the Principal will either be out of the school or unavailable.)

05 Aug  Regional Business Meeting (Toowoomba)

Staffing

Mr Clark will be remaining with us next term until Miss M-G’s return. This is good news as it provides consistency for our students by not having another change of teacher.

Soccer/Netball Carnival

This Friday our Year 5, 6 and 7 students will be participating in the annual Soccer/Netball Carnival in Gatton.

A reminder to parents that it is your responsibility to arrange transport to and from the respective venues on the day.

Students of the Week

Toby and Kasey were the proud recipients of this week’s Student of the Week awards.

In the Classroom

Sight Words Certificates

Bernie: Amber Words
Buttercup Words
Turquoise Words

Ashley: Scarlet Words

Sasha: Mustard Words

Levi: Salmon Words
Fuchsia Words

Kasey: Olive Words
Sapphire Words
Cobalt Words
Navy Words

Library Borrowing

Congratulations to Toby, Bernie, Lachlan, Cindy and Chase who are Star Borrowers from our Library.

Report Cards & Interviews

Report cards will be sent home with your child this Thursday. The reports go into great detail about your child’s progress but if you would like a chance to discuss this progress with your child’s teacher, please contact the school to make an appointment.

Keep a watch on our school these holidays

Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 13 17 88. By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school.

If you see something suspicious, please don’t intervene. Call the School Watch number and let the local police or State Government Protective Security Service deal with the matter.

Attendance matters

When you are reviewing your child’s report card, take a moment to consider your child’s attendance rate. Research shows that students who have good attendance are more likely to achieve high results at school. If students aren’t at school or don’t stay the whole day, they are missing valuable lessons which will help them to achieve to their full potential.


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Chappie’s Corner
Feed their Brain!

Well known and respected child psychologist Dr Michael Carr-Gregg on his recent visit to Toowoomba advised parents and educators to ensure that children get a decent breakfast before school.

“It’s important to provide energy to the brain, just like the rest of the body,” he said. Apparently carbohydrate provides energy to the brain to allow it to work at its best. We also need to ensure children’s brains get a serve of protein for example eggs which contain choline in the yolk. Choline is important in brain development and memory function; it also helps to keep your liver healthy. Yogurt contains tyrosine and this helps the brain deal with stress. Other great “brain foods” include blue berries (fresh or frozen) which are high in anti-oxidants and also support better brain function, avocado and fish oil (vegetarians use flax seed oil).

I often see students come to school not having had breakfast because they simply find it hard to eat when they first get up. However they function poorly during the most important learning session of the day; often becoming irritable and unable to concentrate. As children enter puberty this becomes even more pronounced. If you include extra food as part of their lunchbox you can help your child. Many become quite hungry when their body finally wakes up, somewhere between 8.30 and 9.00am. They are ready to eat then; adding an extra something healthy in their lunchbox gives them the chance to eat before they begin the day’s lessons. They really function better with an energy boost.

It is worthwhile talking to your child about this and explain to them the importance of feeding their brain prior to learning. If they understand that you have put extra food in for their “breakfast” at school, they will be able to take charge of how they feel in the morning.

P&C NEWS

P&C Meeting
The next P&C meeting will be held at the school on Thursday 11 July at 5:30pm.

Tuckshop
Tuckshop will be every Monday and orders need to be in by Thursday of each week. Please place your money in an envelope and write your order on the order form attached to each week’s newsletter. We would like to thank Patricia and Cecil Stuart at the Ma Ma Creek Store who are the providers of the lunchtime food component of our tuckshop each week.

COMMUNITY NEWS

GATTON SCOUTS INFORMATION NIGHT FOR PARENTS
An information night is being held at the Gatton Scout Group, Cnr Golflinks and Woodlands Road, Gatton, on Tuesday 18th June, 2013.

During the evening we will let you know what the Group gets up to and what activities are planned and the different sections that we have. We have children ranging from the ages of 6yo to 18yo boys and girls, in Joeys, Cubs, Scouts and Venturers.

We are also looking for new Leaders, so if you are interested in advancing your Education let me know on the night, as you can obtain a Diploma from just being a Leader in the Scouting Movement.

If you are attending please be there by 6.30pm. We are hoping the evening will be finished by 8pm.

Gatton Blue Light Disco
Gatton Shire Hall
6.30pm - 9.30pm
Entry Just $5.00!

Next Events:
Ages 5years to 15 years olds
12 July
9 August
14 September–Blue Storm Gatton Soccer Grounds $10 entry per child. Adults with children free entry
11 October
29 November