



# Ma Ma Messages

A communication tool of the  
Ma Ma Creek State School and Community

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*Aim High With Praise*

**25 November 2014**

## Dates to Remember

<b>November</b>	
<b>Week 8</b>	
27	Caffey Swimming Carnival Mobile Library Van
28	Swimming
<b>December</b>	
<b>Week 9</b>	
04	End of Year Concert
05	Pre-Prep Morning
<b>Week 10</b>	
12	Last day of Term

## Students of the Week

Jaden and Lachlan were the proud recipients of this week's Student of the Week Awards.

## In The Classroom

### Sight Words Certificates:

Matthew: Scarlet Words  
 Tiffanie: Peacock Words  
 Phoenix: Pink Words  
 Reuben: Ruby Words  
 Scarlet Words  
 Damon: Aqua Words  
 Neika: Buttercup Words

## Concert

Our end of year concert will be held on Thursday 04<sup>th</sup> of December commencing at 5:30pm.

The concert will this year involve students performing music items from both classes as well as a whole school nativity play.

These items will be followed by our book presentations to students.

The order of events will be:

- 5:30pm – sausage sizzle (kindly provided by the P&C Association)
- 6:15pm – 2014 in review
- Concert Items
- Book presentations
- Supper (please bring a plate of food to share for supper)

## Pre-Prep Days

It is that time of year again when we spread the word about our great school and our Pre-Prep Days. This year Pre-Prep children have been invited to the school to join in a number of activities on three days.

The last of these days will be held on **Friday 05<sup>th</sup> December 9am – 1pm** (this day includes a PE lesson from our specialist PE teacher as well as a Library lesson)

We welcome all children who are entering Prep next year. Children who were born between 1 July 2009 and 30 June 2010 are eligible to enrol for Prep in 2015. If you know of anyone who is in

this situation, please let them know of this day.

## Chappie's Corner

**Are you amongst the 10 per cent of smart parents?**

By: Michael Grose

New research out of Queensland revealed that half of parents struggle with the stress of raising children, but only 10% regularly ask for help. They are the smart 10 per cent!

Twenty-first century thinking suggests that help-seeking behaviours are smart behaviours. Asking for help; sharing problems; taking advice; seeking out a coach, mentor or friend; building support networks and enlisting (and paying for) professional support when needed are the types of help-seeking behaviours that we need to encourage. Of course, the reality is that ALL parents struggle from time to time coping with their children's behaviours and attitude, or helping them manage difficult circumstances. We can all use some help from time to time, as it's easy to get STUCK in your parenting.

It's essential to build your network of support. Here's how:  
 1. Start with family and friends. You need between three and five trusted, non-judgemental people who you can call on for help. Count how many you have right now. If you fall short, look for

ways to build your social capital.  
2. Add a layer of organizational support such as professionals and organisations that educate, care for and coach/teach your children. Add carers, teachers, coaches and other adults to your list.

3. Find counselling, parent education services and professional assistance services whether paid or free (such as Parentline) that you can go to when you need significant assistance. Foster a relationship with a professional (general practitioner, psychologist, specialist in a child's disorder, social worker) that you can trust that you can return to over time.  
4. Follow a voice you can trust. Part of modern parental stress comes from the plethora of information about raising kids. Answering the basic question "Am I doing a good job?" is now super-confusing. Parenting is now an industry, with many well-intentioned 'experts' who don't always give wise, informed or research-backed advice. As someone who has been helping parents full-time for over twenty years, the paucity of good advice available right now concerns me greatly!

5. Don't blaze trails. Many parents think like the Lone Ranger, they are blazing a trail through uncharted territory. Raising twins on your own? You're not the first. Got a child with ADHD, another with autism and your 15 year old wants to get a tattoo? You're not the first. Seek out like-minded parents or experienced professionals who have been down these paths, or have helped people navigate similar situations and get their perspectives. Trail-blazers are easily lost.  
<http://www.parentingideas.com.au/Blog/November-2014/Are-you->

[one-of-the-smart-10-per-cent-of-parents-](#)

## P & C News

### Catering Help Needed

The P&C Association have a catering event this Saturday, 29<sup>th</sup> November at the Community Hall. If you are able to provide any baking for this catering event, please drop it into the school by 3:30pm this Friday.

If you are able to help out on the day, please be at the hall by 1:00pm on Saturday afternoon.

Any assistance you could provide either in baking or helping on the day would be greatly appreciated.

### Christmas Raffle

This year the P & C are running another Christmas multi-draw raffle and are asking for donations to go towards the raffle. If you are able to assist with donations for this raffle, please send them in to the school office.

### Tuckshop

Tuckshop will be every Monday and orders need to be in by Thursday of each week.

Please place your money in an envelope and write your order on the order form attached to each week's newsletter.

We would like to thank Tenthill Store who are the providers of the lunchtime food component of our tuckshop each week.

## Community News

### Markets

The Ma Ma Creek Hall Markets are held on the 2<sup>nd</sup> Saturday of each month from 7am until 12 noon.

### **JUNIOR SECONDARY Lockyer District SHS INFORMATION AFTERNOON**

Info session for families of students in Yr 7 & Yr 8 in 2015  
Wednesday 26 November 2014  
3:30pm to 6:30pm in our new Year 7 BUILDING

Presentations at 3:30pm and 5:30pm

Curriculum, Pedagogy, BYO iPad, Permission Forms

Phone: (07) 5466 2333

Email: -

[the.principal@lockdistshs.eq.edu.au](mailto:the.principal@lockdistshs.eq.edu.au)

### **Rope Hill Community Christmas Carol Evening**

This event will be held at the Rope Hill Community Sports Centre on Monday 08<sup>th</sup> December commencing with a BBQ meal at 6 pm. Steak burgers, sausages and drinks will be on sale. The program will follow a similar format to that of past years.

In the event of wet weather, the alternate venue of the Tent Hill Baptist Church will be available.

The special guest this year is Brendon Walmsley, accompanied by the Humeridge Church Band.